



Breast Cancer: Beyond Convention: The Worlds Foremost Authorities on Complementary and Alternative Medicine Offer Advice on Healing

By M. D. Isaac Cohen M. D.

Atria Books. Paperback. Book Condition: New. Paperback. 496 pages. Dimensions: 9.1in. x 6.1in. x 1.3in. Today, more breast cancer treatment options are available than ever before. But how can you determine the course of action that is right for YOU? *Breast Cancer: Beyond Convention* is the only single resource that lays out all of the traditional and alternative approaches available today. Assembling a dream team of breast cancer experts, the editors of this truly groundbreaking guide encourage readers to work with their practitioners as they consider a variety of approaches, all explained in clear, nontechnical language. Readers will discover how to find the right caregiver and how to best complement conventional medical treatment with alternative medicine; how to be healed without necessarily being cured; how to incorporate traditional Chinese medicine -- including herbs, qigong, and acupuncture; the right diet to choose, no matter the form of treatment; the importance of soy products; plus fifteen delicious recipes to sample the best vitamins, minerals, and natural foods, and the specific benefits -- and possible dangers -- of each the merits of spiritual treatments, from meditation and directed prayer to the powerful mystery of the will to live. The guide features an encyclopedic appendix...



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