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# EFT - EMOTIONAL FREEDOM TECHNIQUE ACUPRESSURE, COLOR BREATHING, VISUALIZATION: NATURAL EYESIGHT IMPROVEMENT (BLACK WHITE EDITION) (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2010. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Black and White version. EFT is an Easy Type of Chinese Acupressure, Puncture without Needles or Hard Pressure. EFT is applied by TAPPING , activating energy points, meridians on/in the body with the fingertips. Tapping removes energy blocks, (stuck, stagnant energy), orients, polarizes , corrects, balances and strengthens the energy flow in the body, through the Meridians/Energy Pathways, Energy Points,...

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- Authored by Clark Night, Dr William H Bates
- Released at 2010



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