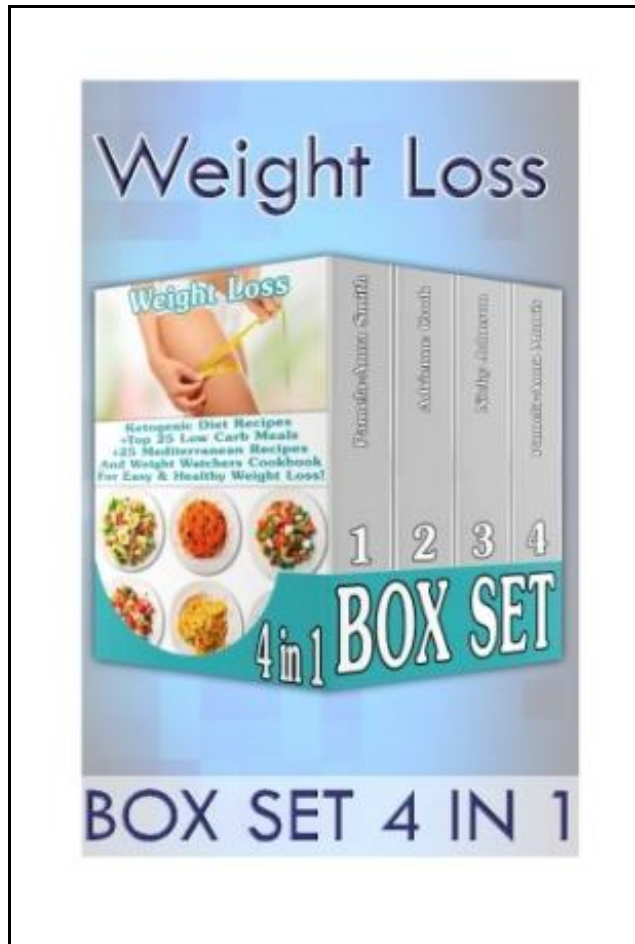


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Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Weight Loss BOX SET 4 IN 1: Ketogenic Diet Recipes+ Top 25 Low Carb Meals + 25 Mediterranean Recipes And Weight Watchers Cookbook For Easy Healthy Weight Loss! BOOK #1: Ketogenic Diet: Lose Over 15 Lbs Fast Easy With Ketogenic Diet Full Plan! If you are someone who is looking for a low-carb diet the ketogenic diet will be a great choice in a diet plan for you. This book offers you a wide selection of foods based on the ketogenic diet criteria, offering you delicious recipes, and also a meal planner is included. The ketogenic diet will help the production of ketones in your liver that will provide your body with a source of energy. BOOK #2: Low Carb Meals: Top 25 Amazingly Delicious Low Carb Recipes To Lose Weight Fast There are so many diet plans out there, it is hard to know which one is going to work. They all promise big results in short amounts of time with minimal effort. They all sound like a dream come true for anyone who wants to lose weight and get that body that they have always wanted. Get ready, this book is going to change the way you diet, and give you the results that you want. BOOK #3: Mediterranean Recipes for Beginners: Helpful Mediterranean Diet Cookbook With 25 Recipes for Easy Healthy Weight Loss The human body can sustain all the physical and environmental challenges, as long as the body is subjected to healthy nutrition and sustenance. It is time to change your old practices and take your relationship to a new level. The Sex Guide for Couples: Uncover 40 Essential Secrets to A Perfect Sex...



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