



## Himalayan Salt Dead Sea Salt: Salt Secrets - Salt Tips for Life (Paperback)

By Dr Joyce Starr

Dr. Joyce Starr Publishing, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. SALT SECRETS: SALT TIPS FOR LIFE provides a veritable banquet of benefits and uses for natural mineral salt. Natural salt healing and natural salt rejuvenation are richly explained through a fascinating mixture of ancient salt secrets, timeless wisdom and daily salt tips for life. Seasoned with revitalizing salt healing techniques for beginners and wellness practitioners alike, SALT SECRETS reveals the powerful health benefits of edible artisan salt, natural salt facials, natural salt body scrubs and natural salt baths - as well as natural salt healing for your home. Dr. Joyce Starr, noted author and wellness expert, provides insights and tips that will save the reader hundreds of dollars a year in beauty and home-care products. Discover how natural mineral salt reduces sore muscles and provides relief for soft-tissue injuries. Understand when and how to use edible Artisan Salt, Himalayan Salt, Epsom Salt, Dead Sea Salt and other mineral salts to energize and restore balance in your life. Learn how authentic salt lamps and salt candleholders can lift your spirits, harmonize your home and enhance positive vibrations in your personal...

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