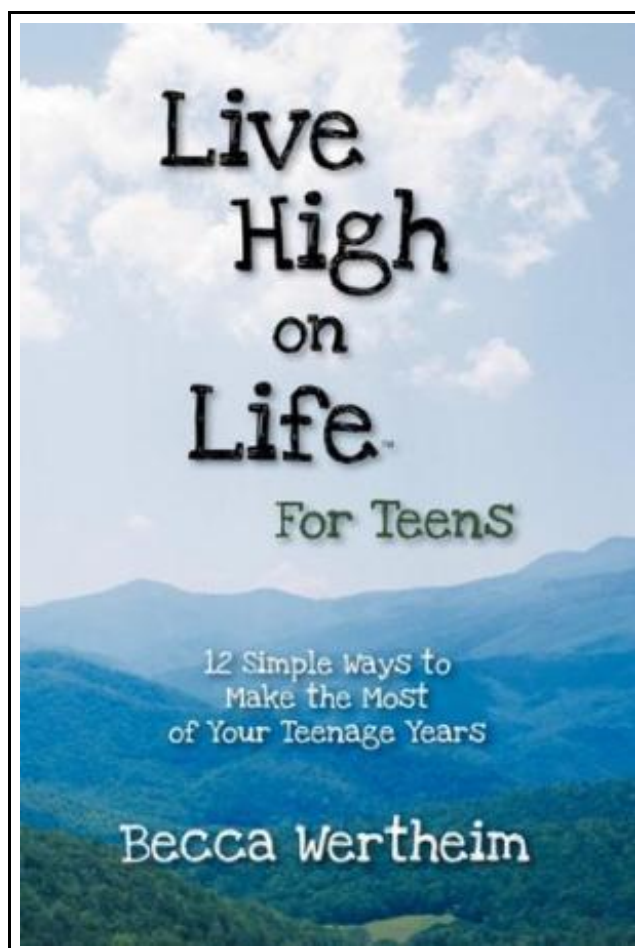


## Live High on Life for Teens: 12 Simple Ways to Make the Most of Your Teenage Years



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## LIVE HIGH ON LIFE FOR TEENS: 12 SIMPLE WAYS TO MAKE THE MOST OF YOUR TEENAGE YEARS



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Outskirts Press, United States, 2010. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Live High on Life for Teens: 12 Simple Ways to Make the Most of Your Teenage Years is no ordinary book! The simple fact that it was written by a teen author makes it easy for teen readers to relate to. 18-year-old author Becca Wertheim realizes that being a teen isn't always easy, but that's one of the reasons why it's so important to make the most of the teenage years, and enjoy each and every day. She helps readers discover how to live a life full of confidence, success, and happiness! With an entertaining and heartfelt teenage perspective, Becca offers motivation, empowerment, and inspiration to teens. Virtually all books published on personal growth for teens are written by adults, but not this one! In fact, Becca may very well be the youngest published author in the teen self-development field, and is proud to share her message that no matter how old you are, it is never too soon to turn dreams into reality! Live High on Life for Teens is one-of-a-kind, making it a must-read for teens of all ages. She began writing the book at age 16, during her junior year of high school. It all started with her journal-one she kept all throughout middle and high school. Reflecting back on her journal of discoveries, Becca created the ultimate guide for teens on how to be happy and successful, and how to make the most of growing up. The Live High on Life style is all about being positive, creating your own happiness, and making the most of life, no matter what challenges you may come across. It's about physical, emotional,...



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