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101 DRESSAGE EXERCISES FOR HORSE & RIDER

Foreword by
Olympic Medalist
Lisa Wilcox

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Storey Books, United States, 2005. Paperback. Condition: New. Language: English . Brand New Book. Dressage, the equestrian practice in which a horse makes highly precise movements in response to barely perceptible signals from the rider, has taken hold of equestrians worldwide. Participation rates have risen by 200 percent over the past twenty years, as baby-boomer riders have discovered dressage to be less strenuous and dangerous than jumping, yet offering the satisfaction of mastering techniques and the opportunity to compete and...

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- Authored by Jec Aristotle Ballou
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