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Looking at the World Through a Fractured Lens (Paperback)

By Donna T C C H T Hbht Haddad

Xlibris, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. It is long past time for the subconscious mind and the effects of subconscious clutter to be given front and center attention. The same attention should also be given to the effects of grief that has never been acknowledged, resolved, or completed. The residue of our past is imprinted and stored in the body and subconscious mind, and has shaped our beliefs about ourselves, others, and the world around us. It is my heartfelt belief that the root causes of a significant number of the physical, mental, and emotional dis-eases that thousands of people endure each day originate in the subconscious. Starting in the womb, and on through childhood, adolescence, and adulthood our subconscious mind and the cells of our body have been recording the words and experiences we have encountered. These words and experiences imprinted on our subconscious mind have played a significant role in the formation of mental blocks, habit patterns, and beliefs that are now shaping our lives. It has been estimated that at least ninety per cent of what is referred to as our mind is the subconscious...



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